

**THE 38th ANNUAL**

Register on-line: [www.plattsys.com](http://www.plattsys.com)

# MOTHER'S DAY DASH

## **38th Mother's Day Dash**

### **3.1 Mile (5K)**

**Fast, Flat, Measured Course**

**Sunday, May 8, 2011 at 10:00 a.m.**

**Henry Park- Vernon, CT**

Race proceed will benefit the Send-A-Kid To Camp, the Vernon Teen Center, the Police Explorers and the Robert J. Bonadies Rockville High School Scholarship Fund

**Walkers  
Welcome**

**FREE**

**Ray Crothers**

**Kids Race**

**10 & under**

**1/2 mile race**

### **Mother/Child Category Info**

All Mother/Son and Mother/Daughter teams must register. Mothers may run as a team with only one son OR daughter. Teams must be sent in the same envelope.

### **FEATURING**

- **FREE T-shirt for those registered by April 22nd.**
- Prizes to the first 3 finishers in 16 divisions
- FREE raffle prizes at award ceremony (must be present)
- Runners packet stuffed with goodies
  - Refreshments at end of race
  - Music before and after race
    - Kid's Race for FREE
  - Prizes for Mother-Son and Mother-Daughter Divisions

### **MAIN RACE REGISTRATION**

- By mail \$15.00 for Adults and \$10.00 for Children 14 and under (for Main Race)
- Race Day: \$20.00 for Adults and \$10.00 for Children 14 and under
- Registration is 8:00 a.m. To 9:30 a.m. at Henry Park.

### **RACE CO-SPONSORED BY**

**The Vernon Parks and Recreation Dept.**

**And JC Penny**



**Bundy  
Motors**

**NOVEL TEES**  
SCREEN PRINTING • EMBROIDERY



**Journal Inquirer.com**  
NORTH-CENTRAL CONNECTICUT'S HOMETOWN NEWSPAPER



**C & D Builders**

Vernon Parks and Recreation  
120 South Street  
Vernon, CT 06066

Official Mother's Day Dash Entry Form  
Platt Systems

41 Steele Farm Dr.

Manchester, CT 06042

Pre-registration should be postmarked no later than April 28th. Race numbers will be distributed on race day only

Henry Park Directions

From Hartford- I-84 East to Exit 67; left under highway onto Mile Hill Rd.(Rt. 31 North) Mile Hill Road to intersection with Rt. 30; left on to Rt. 30; bear right onto South St; 1/2 mile to Henry Park on right.

From Eastern Points- I-84 West to Exit 67; right onto Mile Hill Rd. (Rt. 31 North); then follow directions given above to Henry Parks.

Please fill out and detach the form below, enclose a \$15.00 check or money order payable to the Mother's Day Dash

(Please check only one age division below, detach, and mail in)

- ☐ Girls' Youth (14 years and under)
- ☐ Boys' Youth (14 years and under)
- ☐ Girls' Juniors (15-18 years)
- ☐ Boys' Juniors (15-18 years)
- ☐ Women's open (19-29 years)
- ☐ Kids Race ONLY (12 and under)
- ☐ Men's Open (19-29 Years)
- ☐ Women's Submasters (30-39 years)
- ☐ Men's Submasters (30-39 years)
- ☐ Women's Masters (40-49 years)
- ☐ Men's Veterans (60 years and up)
- ☐ Kids and Main Race (check div. above)
- ☐ Men's Masters (40-49 years)
- ☐ Women's Grandmasters (50-59 years)
- ☐ Men's Grandmasters (50-59 years)
- ☐ Women's Veterans (60 years and up)
- ☐ Men's Heroes (70 years and up)
- ☐ Women's Heroes (70 years and up)

☐ Check here if you are a mother    ☐ Check here if you are running with a son or mother    ☐ Check here if you are running with a mother or daughter

Please enter me as a contestant in the 38th Annual Mother's Day Dash. My entry fee of \$15.00 is enclosed. In signing this blank, I, for myself, my heirs, executors and administrators, release the Rockville Bank, Vernon Parks and Rec. Dept; Journal Inquirer, Dunkin Donuts, Rein's Deli, Garden Barn, TicketNetwork, CD Builders Inc; Mr. Sparkle Car Wash, JC Penney, Paul's Pizza, Hidden Dragon, Panda Palace, Elmo's Dockside Restaurant, Bundy Motors and all other sports from all liability in case of death or injury received as a result of participation in this run. In case of a minor (under 18), this blank must be signed by the parent or guardian of entrant.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Age \_\_\_\_\_    Circle Gender    Please circle T-shirt size  
Male    Female    S    M    L    XL  
(Shirts will be on sale race day)

Signature (if minor, parent or guardian)

On day of race

☐ I do not wish participate, but I am including a donation in the amount of \_\_\_\_\_